

# Sunday after the Exaltation of the Cross

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Sunday, September 20

The Holy Great-Martyr **Gustathius** and Those with Him  
the Holy Martyrs and Confessors for the Faith, the Grand Prince  
**Michael**, and His Nobleman **Theodore**, Wonderworkers of **Chernihiv**

Tone 7. Matins Gospel V

### **First Antiphon**

Why O God have You cast us off forever /  
why does Your anger smolder against the sheep of  
Your pasture?

*O Son of God bodily crucified /  
save us who sing to You: Alleluia*

Remember Your flock whom You built-up long ago /  
whom You redeemed as Your inheritance.

*O Son of God bodily crucified /  
save us who sing to You: Alleluia*

Remember Mount Sion /  
where You made Your dwelling

*O Son of God bodily crucified /  
save us who sing to You: Alleluia*

### **Second Antiphon**

Come, let us sing joyfully to the Lord, /  
let us shout with joy to God our Savior.

*O Son of God bodily crucified /  
save us who sing to You: Alleluia*

Let us come into His presence with thanksgiving /  
and let us joyfully sing psalms to Him

*O Son of God bodily crucified /  
save us who sing to You: Alleluia*

For God is a great Lord, /  
and a great king over all the earth.

*O Son of God bodily crucified /  
save us who sing to You: Alleluia*

### **Entrance Hymn**

Extol the Lord our God and worship at His footstool /  
Holy is He.

*O Son of God bodily crucified /  
save us who sing to You: Alleluia*

## **Tropars and Kondaks**

You destroyed Death by Your Cross, O Lord. You opened Paradise to the thief. You turned the sorrow of the women into joy. You commanded Your apostles to announce: Christ our God has risen from the dead, granting great mercy to the world

Save Your people, O Lord, and bless Your inheritance; grant victory to Your Church over her enemies and protect Your people by Your cross

***Glory be to the Father and to the Son and to the Holy Spirit. Now and ever and forever. Amen.***

Willingly raised upon the cross, O Christ our God, You bestowed Your mercies upon a new people bearing Your name. With Your power grant joy to Your Church, giving her victory over enemies and with the invincible standard, Your weapon of peace, as an ally.

## **Thrice Holy Hymn**

We bow to Your Cross O Master, and we praise Your holy resurrection.

*(Three Times)*

Glory be to the Father and to the Son and to the Holy Spirit, now and ever and forever Amen. And we praise Your holy Resurrection

We bow to Your Cross O Master, and we praise Your holy resurrection.

## **PROKIMENON**

Extol the Lord our God and worship at His footstool/  
Holy is He

The Lord is King /  
the peoples tremble

Extol the Lord our God and worship at His footstool /  
Holy is He

**Epistle:** Galatians §203 [2:16-20].

## **ALLELUIA**

Remember Your flock/  
whom You built-up long ago  
God is our King from time past /  
the Giver of help through all the land.

**Gospel:** Mark §37 [8:34-9:1].

## **IRMOS - Hymn to the Mother of God**

O my soul, extol the most precious cross of the Lord.  
You are a mystical garden, O Mother of God: without  
tilling you have brought forth Christ by Whom the life-  
giving tree of the cross was planted on earth. Therefore,  
when we now adore Him  
raised upon the cross, we extol you.

## **COMMUNION HYMN**

Let the light of Your countenance O Lord/  
shine upon us. Alleluia, Alleluia, Alleluia.